

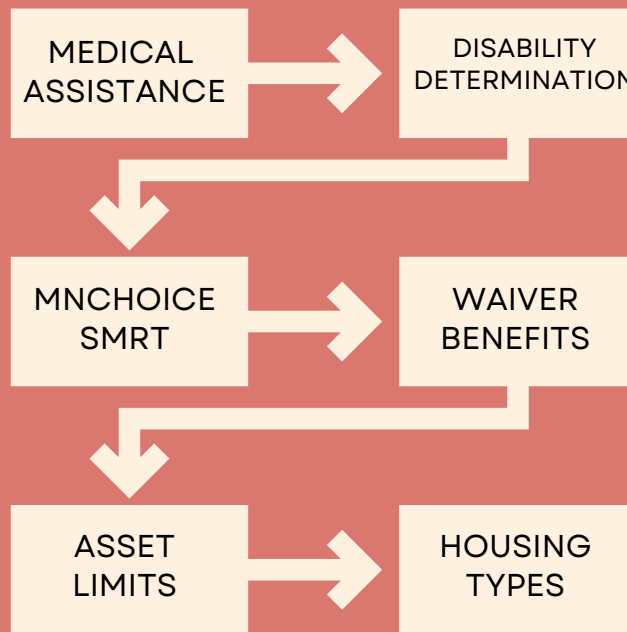
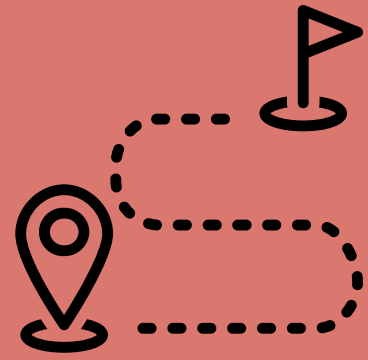
# MA BENEFITS GUIDE



JANUARY 2025



# START HERE



# MEDICAL ASSISTANCE CHOICES



MA: MEDICAL ASSISTANCE- STRAIGHT MA; LOW INCOME

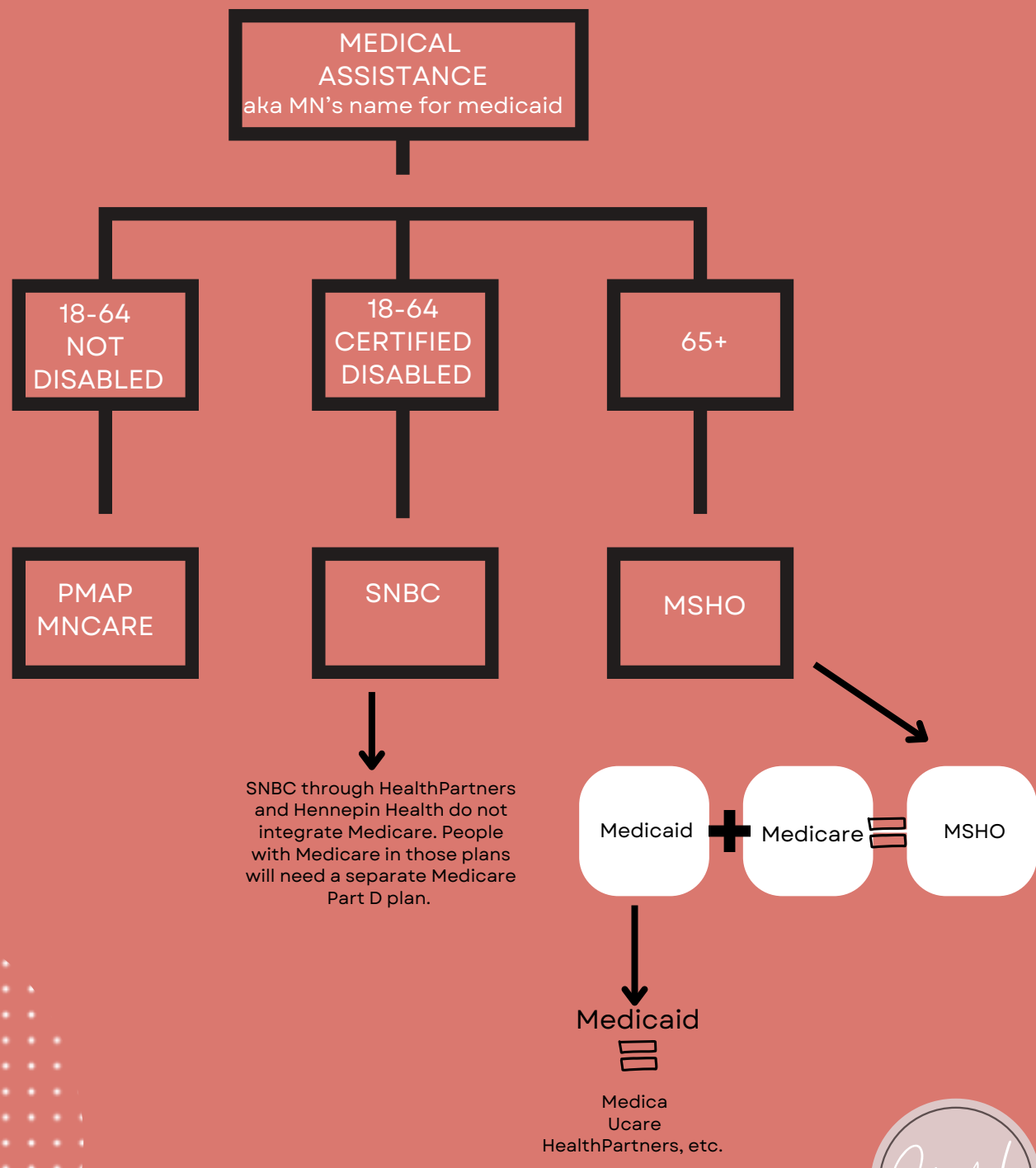
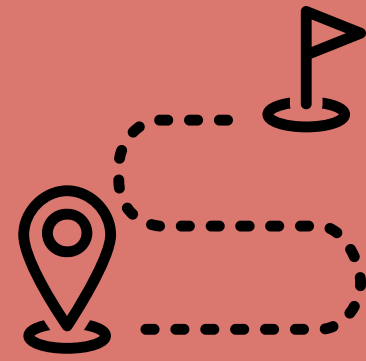
PMAP: PREPAID MEDICAL ASSISTANCE PLAN; LOW INCOME

SNBC: SPECIAL NEEDS BASIC CARE; LOW INCOME

MSHO: MINNESOTA SENIOR HEALTH OPTIONS; LOW INCOME

\*\*MAEPD not included in list as it falls under PMAP or SNBC

# CONTINUE HERE



# HEALTH PLAN TYPES

PLAN TYPE	AGE	CERTIFIED DISABLED (SMRT OR SSA)	MHCP PLAN NAME	COUNTY
<b>STRAIGHT MA</b>	18-64	NO	NONE	MN STATE
<b>PMAF</b>	18-64	NO	BLUE PLUS HEALTH PARTNERS MEDICA UCARE	ANOKA COUNTY DAKOTA COUNTY RAMSEY COUNTY
<b>PMAF</b>	18-64	NO	BLUE PLUS HEALTHPARTNERS HENNEPIN HEALTH MEDICA* UCARE*	HENNEPIN COUNTY
<b>SNBC*=COMBINED MEDICARE AND M.A.</b>	18-64	YES	HEALTHPARTNERS MEDICA* UCARE*	DAKOTA COUNTY RAMSEY COUNTY WASHINGTON COUNTY
<b>SNBC*=COMBINED MEDICARE AND M.A.</b>	18-64	YES	HEALTHPARTNERS HENNEPIN HEALTH MEDICA* UCARE*	HENNEPIN COUNTY
<b>MSHO</b>	65+	NOT REQUIRED, BUT OFTEN APPLIES	BLUE PLUS HEALTHPARTNERS MEDICA UCARE	DAKOTA COUNTY RAMSEY COUNTY WASHINGTON COUNTY
<b>MSHO</b>	65+	NOT REQUIRED, BUT OFTEN APPLIES	BLUE PLUS MEDICA UCARE	HENNEPIN



# HEALTH PLAN DETAILS: PMAP

<b>PLAN: PMAP</b>	• <b><u>BLUE PLUS</u></b>	<b><u>HEALTHPARTNERS PMAP</u></b>	<b><u>HENNEPIN HEALTH PMAP</u></b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>• (651) 662-8648</li> <li>• scheduling M-F 8a-5p</li> </ul>	<ul style="list-style-type: none"> <li>• RIDE CARE 952-883-7400</li> <li>• scheduling M-F 7a-5p</li> </ul>	<ul style="list-style-type: none"> <li>• 612-596-1036</li> <li>• scheduling M-F 8A-430P</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>• call 2 business days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>• call 3-5 business days ahead</li> </ul>	<ul style="list-style-type: none"> <li>• call 3 business days ahead of time</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>• ambulance, taxi, public transport</li> <li>• NO mileage reimbursement</li> </ul>	<ul style="list-style-type: none"> <li>• taxi</li> <li>• bus</li> <li>• volunteer driver</li> <li>• private medical transportation</li> </ul>	<ul style="list-style-type: none"> <li>• public transportation (preloaded card)</li> <li>• taxi</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>• 1-888-275-3974</li> </ul>	<ul style="list-style-type: none"> <li>• 800-551-0859</li> <li>• BABYLINE <ul style="list-style-type: none"> <li>◦ 800-845-9297</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 888-859-0202</li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>	\$0 COST SHARING	<ul style="list-style-type: none"> <li>• max \$12/month in prescription copay</li> </ul>
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>• county car and booster seats</li> <li>• healthy rewards incentive program</li> <li>• case managers</li> <li>• health guide</li> <li>• learn to live</li> <li>• maternal health</li> <li>• Omada</li> </ul>	<ul style="list-style-type: none"> <li>• health assessment</li> <li>• condition support</li> <li>• baby and preteen immunizations</li> <li>• car seat safety</li> <li>• well being coaching</li> <li>• tobacco cessation</li> <li>• healthy pregnancy</li> <li>• new mom checkup reward</li> <li>• fitness program discount</li> <li>• healthy discounts</li> </ul>	<ul style="list-style-type: none"> <li>• reward vouchers available for certain health visits</li> </ul>



# HEALTH PLAN DETAILS: PMAP

<b>PLAN: PMAP</b>	<ul style="list-style-type: none"> <li><b><u>MEDICA PMAP (medica choice care)</u></b></li> </ul>	<b><u>UCARE PMAP</u></b>	<b><u>STRAIGHT MA (fee for service)</u></b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>1-800-373-8335</li> <li>schedule M-F 8-6p</li> </ul>	<ul style="list-style-type: none"> <li>1-800-864-2157</li> <li>scheduling M-F 7-8p</li> </ul>	<ul style="list-style-type: none"> <li>866-467-1724</li> <li>scheduling M-F 7-6p</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>call at least 5 days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>request bus passes 14 days ahead</li> <li>medical rides 2 days ahead</li> </ul>	<ul style="list-style-type: none"> <li>call 3 business days ahead of time</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>public transportation</li> <li>taxi</li> <li>volunteer driver</li> </ul>	<ul style="list-style-type: none"> <li>taxi</li> <li>volunteer driver</li> <li>public transportation</li> <li>MILEAGE REIMBURSEMENT</li> </ul>	<ul style="list-style-type: none"> <li>mileage reimbursement</li> <li>volunteer driver</li> <li>bus ticket</li> <li>assisted/unassisted transportation</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>1-866-715-0915</li> </ul>	<ul style="list-style-type: none"> <li>1-800-942-7858</li> </ul>	<ul style="list-style-type: none"> <li>n/a</li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>\$0 eyeglasses from Eye-Kraft®</li> <li>pregnancy support</li> <li>tobacco cessation</li> <li>case management</li> </ul>	<ul style="list-style-type: none"> <li>healthy benefits card</li> <li>pregnancy resources</li> <li>maternity resources</li> <li>car seat resources</li> <li>health club discount</li> </ul>	<ul style="list-style-type: none"> <li>n/a</li> </ul>



# HEALTH PLAN DETAILS: SNBC

<b>PLAN: SNBC</b>	<ul style="list-style-type: none"> <li><b><u>BLUE PLUS SNBC (blue advantage)</u></b></li> </ul>	<b><u>HEALTHPARTNERS SNBC</u></b>  <b><u>*coverage will be ending for this plan as of 3/31/25</u></b>	<b><u>HENNEPIN HEALTH SNBC</u></b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>(651) 662-8648</li> <li>scheduling M-F 8a-5p</li> </ul>	<ul style="list-style-type: none"> <li>RIDECARE 952-883-7400</li> <li>scheduling M-F 7a-5p</li> </ul>	<ul style="list-style-type: none"> <li>612-596-1036</li> <li>scheduling M-F 8A-430P</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>call 2 business days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>call 3-5 business days ahead</li> </ul>	<ul style="list-style-type: none"> <li>call 3 business days ahead of time</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>ambulance, taxi, public transport</li> <li>NO mileage reimbursement</li> </ul>	<ul style="list-style-type: none"> <li>taxi</li> <li>bus</li> <li>volunteer driver</li> <li>private medical transportation</li> </ul>	<ul style="list-style-type: none"> <li>public transportation (preloaded card)</li> <li>taxi</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>1-888-275-3974</li> </ul>	<ul style="list-style-type: none"> <li>800-551-0859</li> <li>BABYLINE <ul style="list-style-type: none"> <li>800-845-9297</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>888-859-0202</li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>\$0 COST SHARING</li> </ul>
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>county car and booster seats</li> <li>healthy rewards incentive program</li> <li>case managers</li> <li>health guide</li> <li>learn to live</li> <li>maternal health</li> <li>Omada</li> </ul>	<ul style="list-style-type: none"> <li>health assessment</li> <li>condition support</li> <li>baby and preteen immunizations</li> <li>car seat safety</li> <li>well being coaching</li> <li>tobacco cessation</li> <li>healthy pregnancy</li> <li>new mom checkup reward</li> <li>fitness program discount</li> <li>healthy discounts</li> <li>annual physicals</li> <li>cervical cancer screenings</li> </ul>	<ul style="list-style-type: none"> <li>reward vouchers available for certain health visits</li> </ul>





# HEALTH PLAN DETAILS: SNBC

PLAN: SNBC	• <b>MEDICA SNBC (medica accessibility solution)</b>	<b>UCARE SNBC (ucare connect)</b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>• 1-888-347-3630</li> <li>• schedule M-F 8a-6p</li> </ul>	<ul style="list-style-type: none"> <li>• 1-800-864-2157</li> <li>• scheduling M-F 7-8p</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>• call at least 5 days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>• request bus passes 14 days ahead</li> <li>• medical rides 2 days ahead</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>• public transportation</li> <li>• taxi</li> <li>• volunteer driver</li> </ul>	<ul style="list-style-type: none"> <li>• taxi</li> <li>• volunteer driver</li> <li>• public transportation</li> <li>• MILEAGE REIMBURSEMENT</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>• 1-866-715-0915</li> </ul>	<ul style="list-style-type: none"> <li>• 1-800-942-7858</li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>• Unlimited support from a Medica Care Coordinator</li> <li>• \$0 eVisits through Virtuwell®</li> <li>• pregnancy support</li> <li>• tobacco cessation</li> </ul>	<ul style="list-style-type: none"> <li>• <u>healthy benefits card</u></li> <li>• community ed allowance</li> <li>• care coordination</li> <li>• care setting transitions</li> <li>• post discharge help</li> <li>• connect to wellness kits</li> <li>• food access referrals</li> </ul>

# HEALTH PLAN DETAILS: MSHO

PLAN: MSHO	• <b>BLUEPLUS MSHO (secure blue)</b>	<b>HEALTHPARTNERS MSHO</b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>• (651) 662-8648</li> <li>• scheduling M-F 8a-5p</li> </ul>	<ul style="list-style-type: none"> <li>• RIDE CARE 952-883-7400</li> <li>• scheduling M-F 7a-5p</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>• call 2 business days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>• call 3-5 business days ahead</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>• ambulance, taxi, public transport</li> <li>• NO mileage reimbursement</li> </ul>	<ul style="list-style-type: none"> <li>• taxi</li> <li>• bus</li> <li>• volunteer driver</li> <li>• private medical transportation</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>• 1-888-275-3974</li> </ul>	<ul style="list-style-type: none"> <li>• 800-551-0859</li> <li>• BABYLINE <ul style="list-style-type: none"> <li>◦ 800-845-9297</li> </ul> </li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>• animatronic pets</li> <li>• care coordinator</li> <li>• disability hub</li> <li>• friendly helper</li> <li>• learn to live</li> <li>• household support</li> <li>• medication therapy</li> <li>• music therapy</li> <li>• OTC allowance</li> <li>• silver sneakers</li> <li>• senior linkage line</li> <li>• Omada</li> </ul>	<ul style="list-style-type: none"> <li>• OTC allowance</li> <li>• home delivered meals after surgery</li> <li>• silver sneakers</li> <li>• virtuwel</li> <li>• pocket hearing amplifier</li> <li>• caregiver support</li> <li>• farmbox RX</li> <li>• lifelike support pet</li> <li>• tablet</li> <li>• screening gift cards</li> </ul>



# HEALTH PLAN DETAILS: MSHO

<b>PLAN: MSHO</b>	<b>• <u>MEDICA MSHO (medica dual solution)</u></b>	<b><u>UCARE MSHO</u></b>
<b>MEDICAL TRANSPORTATION</b>	<ul style="list-style-type: none"> <li>• 1-888-347-3630</li> <li>• schedule daily 8a-9p</li> </ul>	<ul style="list-style-type: none"> <li>• 1-800-864-2157</li> <li>• scheduling M-F 7-8p</li> </ul>
<b>RIDE SCHEDULING /INFO</b>	<ul style="list-style-type: none"> <li>• call at least 5 days ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>• request bus passes 14 days ahead</li> <li>• medical rides 2 days ahead</li> </ul>
<b>TRANSPORT VEHICLES</b>	<ul style="list-style-type: none"> <li>• public transportation</li> <li>• taxi</li> <li>• volunteer driver</li> </ul>	<ul style="list-style-type: none"> <li>• taxi</li> <li>• volunteer driver</li> <li>• public transportation</li> <li>• MILEAGE REIMBURSEMENT</li> </ul>
<b>24/7 NURSE LINE</b>	<ul style="list-style-type: none"> <li>• 1-866-715-0915</li> </ul>	<ul style="list-style-type: none"> <li>• 1-800-942-7858</li> </ul>
<b>COPAYS</b>	<ul style="list-style-type: none"> <li>• \$0 COST SHARING</li> </ul>	\$0 COST SHARING
<b>EXTRAS</b>	<ul style="list-style-type: none"> <li>• Unlimited support from a Medica Care Coordinator</li> <li>• \$0 eVisits through Virtuwell®</li> <li>• \$0 gym membership through One Pass™</li> <li>• A large list of covered drugs and no Part D cost-sharing</li> <li>• \$0 eyeglasses from Eye-Kraft® plus anti-glare coating</li> <li>• \$170 a month in flexible allowances to make your life easier</li> <li>• smartwatch activity tracker</li> </ul>	<ul style="list-style-type: none"> <li>• disease support</li> <li>• extra vision care</li> <li>• extra transportation</li> <li>• healthy benefits card (OTC allowance and utilities)</li> <li>• care coordination</li> <li>• care setting transitions</li> <li>• post discharge help</li> <li>• medication management</li> <li>• quit smoking/vaping</li> <li>• keep your coverage program</li> <li>• one pass membership</li> <li>• juniper health</li> <li>• home and bath safety</li> </ul>



# MA BENEFITS GUIDE



JANUARY 2025

