# MA BENEFITS GUIDE

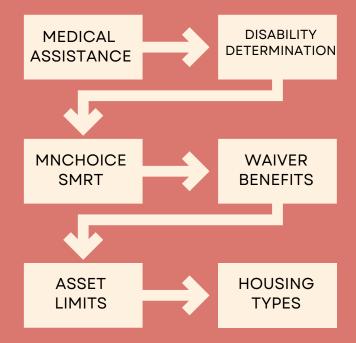


**JANUARY 2025** 



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### MEDICAL ASSISTANCE CHOICES



MA: MEDICAL ASSISTANCE- STRAIGHT MA; LOW INCOME

PMAP: PREPAID MEDICAL ASSISTANCE PLAN; LOW INCOME

SNBC: SPECIAL NEEDS BASIC CARE; LOW INCOME

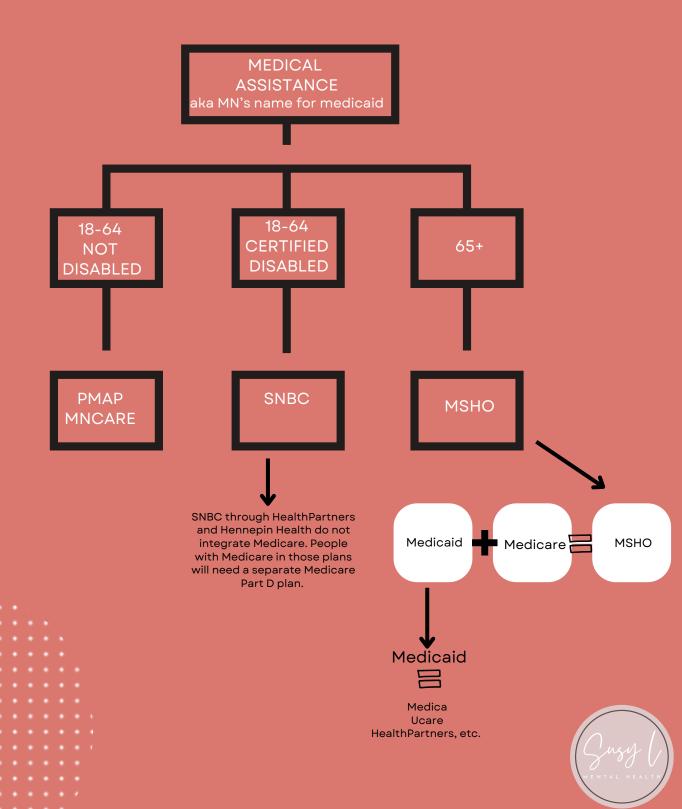
MSHO: MINNESOTA SENIOR HEALTH OPTIONS; LOW INCOME

\*\*MAEPD not included in list as it falls under PMAP or SNBC



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#### HEALTH PLAN TYPES

PLAN TYPE	AGE	CERTIFIED DISABLED (SMRT OR SSA)	MHCP PLAN NAME	COUNTY
STRAIGHT MA	18-64	NO	NONE	MN STATE
РМАР	18-64	NO	BLUE PLUS HEALTH PARTNERS MEDICA UCARE	ANOKA COUNTY DAKOTA COUNTY RAMSEY COUNTY
РМАР	18-64	NO	BLUE PLUS HEALTHPARTNERS HENNEPIN HEALTH MEDICA* UCARE*	HENNEPIN COUNTY
SNBC*=COMBINED MEDICARE AND M.A.	18-64	YES	HEALTHPARTNERS MEDICA* UCARE*	DAKOTA COUNTY RAMSEY COUNTY WASHINGTON COUNTY
SNBC*=COMBINED MEDICARE AND M.A.	18-64	YES	HEALTHPARTNERS HENNEPIN HEALTH MEDICA* UCARE*	HENNEPIN COUNTY
мѕно	65+	NOT REQUIRED, BUT OFTEN APPLIES	BLUE PLUS HEALTHPARTNERS MEDICA UCARE	DAKOTA COUNTY RAMSEY COUNTY WASHINGTON COUNTY
мѕно	65+	NOT REQUIRED, BUT OFTEN APPLIES	BLUE PLUS MEDICA UCARE	HENNEPIN



#### HEALTH PLAN DETAILS: PMAP

PLAN: PMAP	BLUE PLUS	HEALTHPARTNERS PMAP	HENNEPIN HEALTH PMAP
MEDICAL TRANSPORTATION	<ul><li>(651) 662-8648</li><li>scheduling M-F 8a-5p</li></ul>	<ul> <li>RIDECARE 952-883-7400</li> <li>scheduling M-F 7a-5p</li> </ul>	<ul><li>612-596-1036</li><li>scheduling M-F 8A-430P</li></ul>
RIDE SCHEDULING /INFO	call 2 business days ahead of time	call 3-5 business days     ahead	call 3 business days ahead of time
TRANSPORT VEHICLES	<ul> <li>ambulance, taxi, public transport</li> <li>NO mileage reimbursement</li> </ul>	<ul><li>taxi</li><li>bus</li><li>volunteer driver</li><li>private medical transportation</li></ul>	<ul> <li>public transportation (preloaded card)</li> <li>taxi</li> </ul>
24/7 NURSE LINE	• 1-888-275-3974	<ul><li>800-551-0859</li><li>BABYLINE</li><li>800-845-9297</li></ul>	• 888-859-0202
COPAYS	• \$0 COST SHARING	\$0 COST SHARING	max \$12/month in prescription copay
EXTRAS	<ul> <li>county car and booster seats</li> <li>healthy rewards incentive program</li> <li>case managers</li> <li>health guide</li> <li>learn to live</li> <li>maternal health</li> <li>Omada</li> </ul>	<ul> <li>health assessment</li> <li>condition support</li> <li>baby and preteen immunizations</li> <li>car seat safety</li> <li>well being coaching</li> <li>tobacco cessation</li> <li>healthy pregnancy</li> <li>new mom checkup reward</li> <li>fitness program discount</li> <li>healthy discounts</li> </ul>	reward vouchers available for certain health visits



## HEALTH PLAN DETAILS: PMAP

PLAN: PMAP	MEDICA PMAP (medica choice care)	UCARE PMAP	STRAIGHT MA (fee for service)
MEDICAL TRANSPORTATION	<ul><li>1-800-373-8335</li><li>schedule M-F 8-6p</li></ul>	<ul><li>1-800-864-2157</li><li>scheduling M-F 7-8p</li></ul>	<ul><li>866-467-1724</li><li>scheduling M-F 7-6p</li></ul>
RIDE SCHEDULING /INFO	call at least 5 days ahead of time	<ul> <li>request bus passes 14 days ahead</li> <li>medical rides 2 days ahead</li> </ul>	call 3 business days ahead of time
TRANSPORT VEHICLES	<ul><li>public transportation</li><li>taxi</li><li>volunteer driver</li></ul>	<ul><li>taxi</li><li>volunteer driver</li><li>public transportation</li><li>MILEAGE REIMBURSEMENT</li></ul>	<ul> <li>mileage reimbursement</li> <li>volunteer driver</li> <li>bus ticket</li> <li>assisted/unassisted transportation</li> </ul>
24/7 NURSE LINE	• 1-866-715-0915	• 1-800-942-7858	• n/a
COPAYS	• \$0 COST SHARING	\$0 COST SHARING	\$0 COST SHARING
EXTRAS	<ul> <li>\$0 eyeglasses from Eye-Kraft®</li> <li>pregnancy support</li> <li>tobacco cessation</li> <li>case management</li> </ul>	<ul> <li>healthy benefits card</li> <li>pregnancy resources</li> <li>maternity resources</li> <li>car seat resources</li> <li>health club discount</li> </ul>	• n/a



## HEALTH PLAN DETAILS: SNBC

PLAN: SNBC	BLUE PLUS SNBC (blue advantage)	HEALTHPARTNERS SNBC	HENNEPIN HEALTH SNBC
MEDICAL TRANSPORTATION	<ul><li>(651) 662-8648</li><li>scheduling M-F 8a-5p</li></ul>	<ul> <li>RIDECARE 952-883-7400</li> <li>scheduling M-F 7a-5p</li> </ul>	<ul><li>612-596-1036</li><li>scheduling M-F 8A-430P</li></ul>
RIDE SCHEDULING /INFO	call 2 business days ahead of time	call 3-5 business days     ahead	call 3 business days ahead of time
TRANSPORT VEHICLES	<ul> <li>ambulance, taxi, public transport</li> <li>NO mileage reimbursement</li> </ul>	<ul><li>taxi</li><li>bus</li><li>volunteer driver</li><li>private medical transportation</li></ul>	<ul> <li>public transportation (preloaded card)</li> <li>taxi</li> </ul>
24/7 NURSE LINE	• 1-888-275-3974	• 800-551-0859 • BABYLINE • 800-845-9297	• 888-859-0202
COPAYS	• \$0 COST SHARING	• \$0 COST SHARING	• \$0 COST SHARING
EXTRAS	<ul> <li>county car and booster seats</li> <li>healthy rewards incentive program</li> <li>case managers</li> <li>health guide</li> <li>learn to live</li> <li>maternal health</li> <li>Omada</li> </ul>	<ul> <li>health assessment</li> <li>condition support</li> <li>baby and preteen immunizations</li> <li>car seat safety</li> <li>well being coaching</li> <li>tobacco cessation</li> <li>healthy pregnancy</li> <li>new mom checkup reward</li> <li>fitness program discount</li> <li>healthy discounts</li> <li>annual physicals</li> <li>cervical cancer screenings</li> </ul>	reward vouchers     available for     certain health visits



## HEALTH PLAN DETAILS: SNBC

PLAN: SNBC	MEDICA SNBC (medica accessibility solution)	UCARE SNBC (ucare connect)
MEDICAL TRANSPORTATION	<ul><li>1-888-347-3630</li><li>schedule M-F 8a-6p</li></ul>	<ul><li>1-800-864-2157</li><li>scheduling M-F 7-8p</li></ul>
RIDE SCHEDULING /INFO	call at least 5 days ahead of time	<ul><li>request bus passes 14 days ahead</li><li>medical rides 2 days ahead</li></ul>
TRANSPORT VEHICLES	<ul><li>public transportation</li><li>taxi</li><li>volunteer driver</li></ul>	<ul><li>taxi</li><li>volunteer driver</li><li>public transportation</li><li>MILEAGE REIMBURSEMENT</li></ul>
24/7 NURSE LINE	• 1-866-715-0915	• 1-800-942-7858
COPAYS	• \$0 COST SHARING	\$0 COST SHARING
EXTRAS	<ul> <li>Unlimited support from a Medica Care Coordinator</li> <li>\$0 eVisits through Virtuwell®</li> <li>pregnancy support</li> <li>tobacco cessation</li> </ul>	<ul> <li>healthy benefits card</li> <li>community ed allowance</li> <li>care coordination</li> <li>care setting transitions</li> <li>post discharge help</li> <li>connect to wellness kits</li> <li>food access referrals</li> </ul>



#### HEALTH PLAN DETAILS: MSHO

PLAN: MSHO	BLUEPLUS MSHO (secure blue)	HEALTHPARTNERS MSHO
MEDICAL TRANSPORTATION	<ul><li>(651) 662-8648</li><li>scheduling M-F 8a-5p</li></ul>	<ul><li>RIDECARE 952-883-7400</li><li>scheduling M-F 7a-5p</li></ul>
RIDE SCHEDULING /INFO	call 2 business days ahead of time	call 3-5 business days ahead
TRANSPORT VEHICLES	<ul> <li>ambulance, taxi, public transport</li> <li>NO mileage reimbursement</li> </ul>	<ul><li>taxi</li><li>bus</li><li>volunteer driver</li><li>private medical transportation</li></ul>
24/7 NURSE LINE	• 1-888-275-3974	• 800-551-0859 • BABYLINE • 800-845-9297
COPAYS	• \$0 COST SHARING	• \$0 COST SHARING
EXTRAS	<ul> <li>animatronic pets</li> <li>care coordinator</li> <li>disability hub</li> <li>friendly helper</li> <li>learn to live</li> <li>household support</li> <li>medication therapy</li> <li>music therapy</li> <li>OTC allowance</li> <li>silver sneakers</li> <li>senior linkage line</li> <li>Omada</li> </ul>	OTC allowance home delivered meals after surgery silver sneakers virtuwell pocket hearing amplifier caregiver support farmbox RX lifelike support pet tablet screening gift cards



## HEALTH PLAN DETAILS: MSHO

PLAN: MSHO	MEDICA MSHO (medica dual solution)	UCARE MSHO
MEDICAL TRANSPORTATION	<ul><li>1-888-347-3630</li><li>schedule daily 8a-9p</li></ul>	<ul><li>1-800-864-2157</li><li>scheduling M-F 7-8p</li></ul>
RIDE SCHEDULING /INFO	call at least 5 days ahead of time	<ul> <li>request bus passes 14 days ahead</li> <li>medical rides 2 days ahead</li> </ul>
TRANSPORT VEHICLES	<ul><li>public transportation</li><li>taxi</li><li>volunteer driver</li></ul>	<ul><li>taxi</li><li>volunteer driver</li><li>public transportation</li><li>MILEAGE REIMBURSEMENT</li></ul>
24/7 NURSE LINE	• 1-866-715-0915	• 1-800-942-7858
COPAYS	• \$0 COST SHARING	\$0 COST SHARING
EXTRAS	<ul> <li>Unlimited support from a Medica Care Coordinator</li> <li>\$0 eVisits through Virtuwell®</li> <li>\$0 gym membership through One Pass™</li> <li>A large list of covered drugs and no Part D cost-sharing</li> <li>\$0 eyeglasses from Eye-Kraft® plus antiglare coating</li> <li>\$170 a month in flexible allowances to make your life easier</li> <li>smartwatch activity tracker</li> </ul>	<ul> <li>disease support</li> <li>extra vision care</li> <li>extra transportation</li> <li>healthy benefits card (OTC allowance and utilities)</li> <li>care coordination</li> <li>care setting transitions</li> <li>post discharge help</li> <li>medication management</li> <li>quit smoking/vaping</li> <li>keep your coverage program</li> <li>one pass membership</li> <li>juniper health</li> <li>home and bath safety</li> </ul>



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