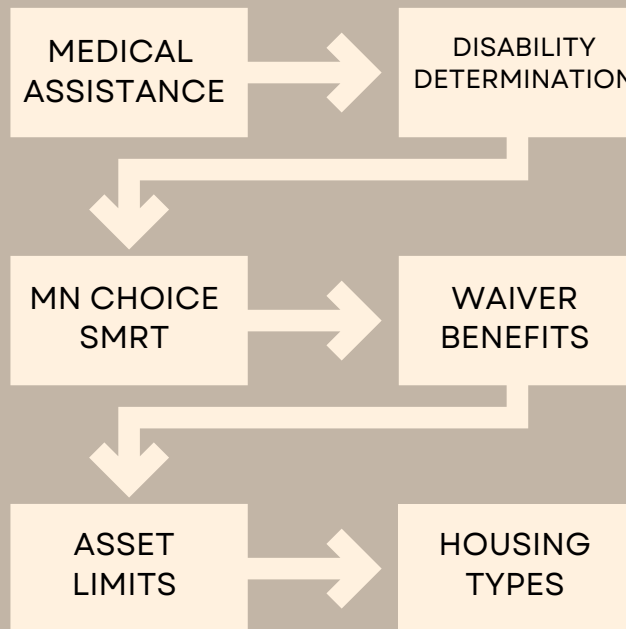
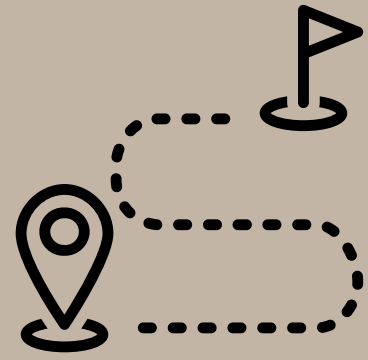


ARMHS BENEFITS GUIDE



September 2023

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MEDICAL ASSISTANCE CHOICES



MA: MEDICAL ASSISTANCE- STRAIGHT MA; LOW INCOME

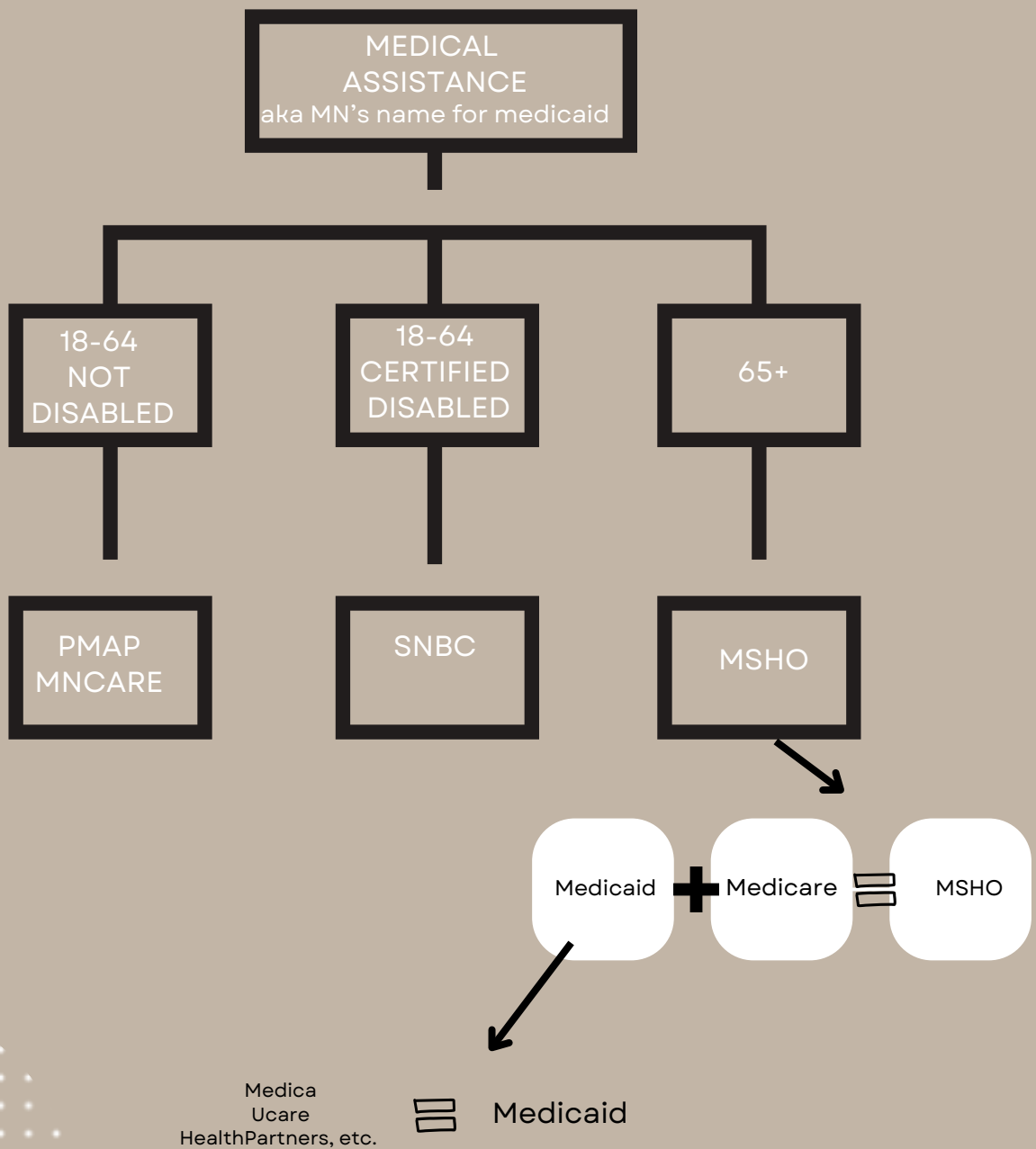
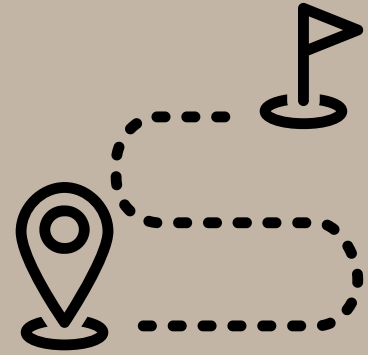
PMAP: PREPAID MEDICAL ASSISTANCE PLAN; LOW INCOME

SNBC: SPECIAL NEEDS BASIC CARE; LOW INCOME

MSHO: MINNESOTA SENIOR HEALTH OPTIONS; LOW INCOME

**MAEPD not included in list as it falls under PMAP or SNBC

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HEALTH PLAN TYPES

PLAN TYPE	AGE	CERTIFIED DISABLED (SMRT OR SSA)	MHCP PLAN NAME	COUNTY
STRAIGHT MA	18-64	NO	NONE	MN STATE
PMAP	18-64	NO	BLUE PLUS HEALTH PARTNERS UCARE UNITED HEALTHCARE-MN	DAKOTA COUNTY
PMAP	18-64	NO	BLUE PLUS HEALTHPARTNERS HENNEPIN HEALTH MEDICA UCARE UNITED HEALTHCARE-MN	HENNEPIN COUNTY
PMAP	18-64	NO	HEALTHPARTNERS UCARE UNITED HEALTHCARE-MN	RAMSEY COUNTY
SNBC*=COMBINED MEDICARE AND M.A.	18-64	YES	HEALTHPARTNERS MEDICA* UCARE*	DAKOTA COUNTY
SNBC*=COMBINED MEDICARE AND M.A.	18-64	YES	HEALTHPARTNERS HENNEPIN HEALTH MEDICA* UCARE*	HENNEPIN
SNBC*=COMBINED MEDICARE AND M.A.	18-64	YES	HEALTHPARTNERS MEDICA* UCARE*	RAMSEY
MSHO	65+	NOT REQUIRED, BUT TYPICALLY APPLIES	BLUE PLUS HEALTHPARTNERS MEDICA UCARE	DAKOTA
MSHO	65+	NOT REQUIRED, BUT TYPICALLY APPLIES	BLUE PLUS HEALTHPARTNERS MEDICA UCARE	HENNEPIN
MSHO	65+	NOT REQUIRED, BUT TYPICALLY APPLIES	BLUE PLUS HEALTHPARTNERS MEDICA UCARE	RAMSEY

HEALTH PLAN DETAILS: PMAP

PLAN: PMAP	STRAIGHT MA	HEALTH PARTNERS	UCARE	MEDICA
SCHEDULE PRIOR TO APPT	Call at least 3 business days ahead NMET: 866-467-1724	Same day metro:, at least 3 hours in advance Metro/Outside of metro: Call 5-7 days in advance RIDE CARE:651-254-3250	Call at least 2 days in advance HEALTH RIDE: 1-800-864-2157	Call at least 5 days in advance PROVIDE A RIDE: PMAP: 1-800-373-8335 MSHO: 1-888-347-3630
HOURS/ SCHEDULING	Call 7a-6p	Call 7a-5p Provide text confirmation Cancel no later than 3hrs prior to appt. Appt must be confirmed via operator before ride can be made	Call 7a-8p Appt must be confirmed via operator before ride can be made	Call 8a-6p Appt must be confirmed via operator before ride can be made, ride can be denied if member has their own vehicle or lacks a n appt referral Have online portal to track rides
TRANSPORT VEHICLES	If individual lives within ¾ of bus line they must use public transportation Restrictions for rides to opioid treatment, medical equipment repairs, and trips to the pharmacy	Transportation to mental health, dental, and medical appointments Bus pass if public transportation has a route Medical taxi vehicle (van, car, etc.) Non-Emergency Ambulance	Transportation to medical, mental health, dental, substance use treatment, pharmacy, and DME pick up appointments Bus pass if member lives on bus or light rail line, must be requested 14days in advance Medical taxi vehicle (van, car, etc.)	Transportation to medical, mental health, dental, substance use treatment, pharmacy, and DME pick up appointments Bus pass if member lives on bus or light rail line, must be requested 14days in advance Medical taxi vehicle (van, car, etc.)
Appointment and Wait Times			Pick up must be 60min prior to appt time and driver will wait 5min Appt must be confirmed via operator before ride can be made	Pick up must be 45min prior to appt time and driver will wait 5min Can only be p/u at home, school, work, or shelter Appt must be confirmed via operator before ride can be made
EXTRAS		MSHO and SNBC	MSHO and SNBC	If over age 65 and on an EW

HEALTH PLAN DETAILS: PMAP

PLAN: PMAP	BLUE PLUS: ADVANTAGE BLUERIDE TRANSPORTATION:86 6-340-8648	UNITED HEALTH CARE- MN MODIVCARE:1- 888-444-1519
SCHEDULE PRIOR TO APPT	Call at least 2 business days in advance	Call up to 30 days in advance **Website states transportation is available for Families and Children Medical Assistance members under 19 or pregnant.
HOURS/SCHEDULING	<ul style="list-style-type: none"> • Call 8a-5p M-F 	<ul style="list-style-type: none"> • Call 8a-5p M-F
TRANSPORT VEHICLES	<ul style="list-style-type: none"> • Bus Pass • Taxi ***grocery rides in certain counties 	<ul style="list-style-type: none"> • Bus Pass • Taxi
Appointment and Wait Times		

HEALTH PLAN DETAILS : SNBC

<p>PLAN: SNBC</p>	<p>UCARE CONNECT SNBC</p> <p>HEALTH RIDE: 800-864-2157</p>	<p>MEDICA ACCESSABILI. SOLUTIONS SNBC</p> <p>PROVIDE-A- RIDE: 888-347-3630</p>	<p>HEALTH PARTNERS INSPIRE SNBC</p> <p>RIDECARE: 952-883-7400</p>	<p>HENNEPIN HEALTH SNBC</p> <p>RIDES: 612-596-1036</p>
<p>TRANSPORT VEHICLES</p>	<p>Bus Taxi Light rail Mileage reimbursement for own vehicle- contact your county about this</p>	<p>Bus Pass Taxi</p>	<p>Bus Pass Taxi</p>	<p>Bus Pass Taxi Light rail</p>
<p>BIGGEST EXTRAS:</p> <p>Most SNBC plans include extras like care coordination, healthy food discounts, dental and vision extras, tobacco cessation, pregnancy support, and chronic care assistance</p>	<p>UCARE rewards: gift cards for follow through of certain health visits</p> <p>Wellness kits Community ed discounts</p> <p>OnePass fitness program: \$0 per month</p> <p>Car seat program</p>	<p>\$0 eyeglasses</p>	<p>Health Assessment: gift cards for follow through of certain health visits</p> <p>Fitness programs: requires enrollment fee and \$25/month</p>	<p>YMCA of the North: \$0/month</p>

HEALTH PLAN DETAILS : MSHO

PLAN: MSHO	UCARE HEALTH RIDE: 800-864-2157	MEDICA DUAL SOLUTIONS: MSHO PROVIDE- A-RIDE:1-888- 347-3630	HEALTH PARTNERS: MSHO RIDECARE: 952-883-7400	BLUEPLUS SECURE BLUE: MSHO BLUERIDE TRANSPORTATION: 86 6-340-8648
TRANSPORT	Bus Taxi Light rail Mileage reimbursement for own vehicle- contact your county about this	Bus Pass Taxi	Bus Pass Taxi	Bus Pass Taxi Grocery Rides- certain counties
EXTRAS	UCARE rewards: gift cards for follow through of certain health visits Foot Care rides See website for extensive list of extras: https://www.ucare.org/health-plans/medicaid/ages-65-plus/mshoprogram : \$0 per month	\$0 Gym membership and Rides \$1200/yr for OTC items REEMO smartwatch, scale, and blood pressure cuff See website for extensive list of extras: https://www.medicad.com/ls/shop/medicaid/over-65/medica-dual-solution	Silver Sneakers- \$0/month Gift cards for health screenings See website for extensive list of extras: https://www.healthpartners.com/content/dam/plan/d2c/apep/plan-year-2023/consumer-help-msho-supplemental-benefits.pdf	